



Mount Pleasant Primary School

PSHE | Relationships & Sex Education | Programme of Study

	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Life Cycles	<ul style="list-style-type: none"> How are other children similar and different to me? 	<ul style="list-style-type: none"> How much have I changed since I was a baby? 	<ul style="list-style-type: none"> Where do babies come from? How has my body changed since I was a baby? 	<ul style="list-style-type: none"> How do different animals look after their babies before and after birth? How do different animals have babies? 	<ul style="list-style-type: none"> Why does having a baby need a male and a female? What happens when people get older? 	<ul style="list-style-type: none"> What are eggs and sperm? How many sperm and eggs do men and women produce? How does the baby develop? How is a baby born? What does a new baby need to be happy and healthy? 	<ul style="list-style-type: none"> What is 'Sex' and 'Sexual Intercourse'? How does the sperm reach the egg? How do families with same-sex parents make a baby? Does conception always happen or can it be prevented?

This programme of study has been created in relation to the 2019 Relationships Education, Relationships and Sex Education (RSE) and Health Education Draft statutory guidance, February 2019. It meets all requirements, when read in conjunction with the 'Online Safety Overview' planning materials.